

**Assess effectiveness of and satisfaction with treatment**

[getpsorted.com.au](http://getpsorted.com.au)

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**Keep a diary or use this guide to help you track how your psoriasis treatment is going. Take this with you next time you see your doctor.**

**My symptoms, such as plaque thickness, scaling, and redness have changed with my current treatment in the following way:**



**This is how satisfied I am with my current treatment:**

